CSC413/2516 Lectures 4: Optimization

Jimmy Ba

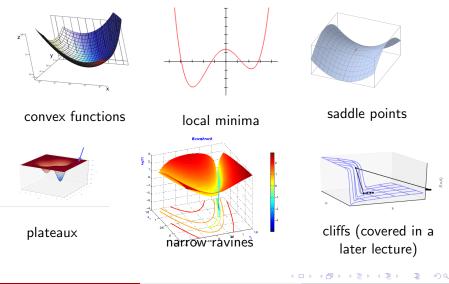
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### Overview

- We've talked a lot about how to compute gradients. What do we actually do with them?
- Today's lecture: various things that can go wrong in gradient descent, and what to do about them.
- Let's group all the parameters (weights and biases) of our network into a single vector  $\theta$ .
- This lecture makes heavy use of the spectral decomposition of symmetric matrices, so it would be a good idea to review this.
  - Subsequent lectures will not build on the more mathematical parts of this lecture, so you can take your time to understand it.

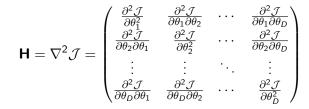
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# Features of the Optimization Landscape



### Review: Hessian Matrix

 The Hessian matrix, denoted H, or ∇<sup>2</sup> J is the matrix of second derivatives:



• It's a symmetric matrix because  $\frac{\partial^2 \mathcal{J}}{\partial \theta_i \partial \theta_j} = \frac{\partial^2 \mathcal{J}}{\partial \theta_j \partial \theta_i}$ .

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 Locally, a function can be approximated by its second-order Taylor approximation around a point θ<sub>0</sub>:

$$\mathcal{J}(\boldsymbol{ heta}) pprox \mathcal{J}(\boldsymbol{ heta}_0) + 
abla \mathcal{J}(\boldsymbol{ heta}_0)^{ op} (\boldsymbol{ heta} - \boldsymbol{ heta}_0) + rac{1}{2} (\boldsymbol{ heta} - \boldsymbol{ heta}_0)^{ op} \mathbf{H}(\boldsymbol{ heta}_0) (\boldsymbol{ heta} - \boldsymbol{ heta}_0).$$

• A critical point is a point where the gradient is zero. In that case,

$$\mathcal{J}(\boldsymbol{\theta}) \approx \mathcal{J}(\boldsymbol{\theta}_0) + \frac{1}{2}(\boldsymbol{\theta} - \boldsymbol{\theta}_0)^\top \mathbf{H}(\boldsymbol{\theta}_0)(\boldsymbol{\theta} - \boldsymbol{\theta}_0).$$

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## Review: Hessian Matrix

- A lot of important features of the optimization landscape can be characterized by the eigenvalues of the Hessian **H**.
- Recall that a symmetric matrix (such as **H**) has only real eigenvalues, and there is an orthogonal basis of eigenvectors.
- This can be expressed in terms of the spectral decomposition:

### $\mathbf{H} = \mathbf{Q} \mathbf{\Lambda} \mathbf{Q}^{\top},$

where  $\mathbf{Q}$  is an orthogonal matrix (whose columns are the eigenvectors) and  $\mathbf{\Lambda}$  is a diagonal matrix (whose diagonal entries are the eigenvalues).

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- We often refer to **H** as the curvature of a function.
- Suppose you move along a line defined by  $\theta + t\mathbf{v}$  for some vector  $\mathbf{v}$ .
- Second-order Taylor approximation:

$$\mathcal{J}(\boldsymbol{ heta} + t \mathbf{v}) pprox \mathcal{J}(\boldsymbol{ heta}) + t 
abla \mathcal{J}(\boldsymbol{ heta})^{ op} \mathbf{v} + rac{t^2}{2} \mathbf{v}^{ op} \mathbf{H}(\boldsymbol{ heta}) \mathbf{v}$$

Hence, in a direction where v<sup>T</sup>Hv > 0, the cost function curves upwards, i.e. has positive curvature. Where v<sup>T</sup>Hv < 0, it has negative curvature.</li>

- A matrix A is positive definite if v<sup>T</sup>Av > 0 for all v ≠ 0. (I.e., it curves upwards in all directions.)
  - It is positive semidefinite (PSD) if  $\mathbf{v}^{\top} \mathbf{A} \mathbf{v} \ge 0$  for all  $\mathbf{v} \neq 0$ .
- Equivalently: a matrix is positive definite iff all its eigenvalues are positive. It is PSD iff all its eigenvalues are nonnegative. (Exercise: show this using the Spectral Decomposition.)
- For any critical point  $\theta_*$ , if  $H(\theta_*)$  exists and is positive definite, then  $\theta_*$  is a local minimum (since all directions curve upwards).

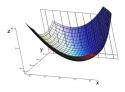
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#### **Convex Functions**

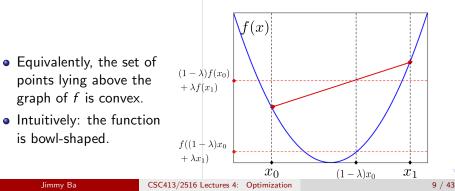
• Recall: a set  ${\mathcal S}$  is convex if for any  $\textbf{x}_0, \textbf{x}_1 \in {\mathcal S},$ 

$$(1 - \lambda)\mathbf{x}_0 + \lambda \mathbf{x}_1 \in S \text{ for } 0 \le \lambda \le 1.$$

• A function f is convex if for any  $\mathbf{x}_0, \mathbf{x}_1$ ,



$$f((1-\lambda)\mathbf{x}_0+\lambda\mathbf{x}_1)\leq (1-\lambda)f(\mathbf{x}_0)+\lambda f(\mathbf{x}_1)$$



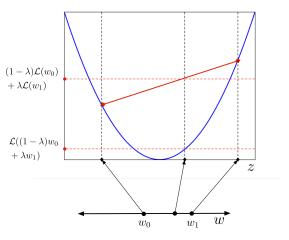
# **Convex Functions**

- If  $\mathcal{J}$  is smooth (more precisely, twice differentiable), there's an equivalent characterization in terms of **H**:
  - A smooth function is convex iff its Hessian is positive semidefinite everywhere.
  - **Special case:** a univariate function is convex iff its second derivative is nonnegative everywhere.
- Exercise: show that squared error, logistic-cross-entropy, and softmax-cross-entropy losses are convex (as a function of the network outputs) by taking second derivatives.

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# **Convex Functions**

- For a linear model,
   z = w<sup>⊤</sup>x + b is a linear function of w and b. If the loss function is convex as a function of z, then it is convex as a function of w and b.
- Hence, linear regression, logistic regression, and softmax regression are convex.



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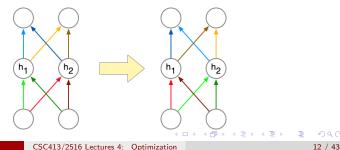
### Local Minima

- If a function is convex, it has no spurious local minima, i.e. any local minimum is also a global minimum.
- This is very convenient for optimization since if we keep going downhill, we'll eventually reach a global minimum.

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### Local Minima

- If a function is convex, it has no spurious local minima, i.e. any local minimum is also a global minimum.
- This is very convenient for optimization since if we keep going downhill, we'll eventually reach a global minimum.
- Unfortunately, training a network with hidden units cannot be convex because of permutation symmetries.
  - I.e., we can re-order the hidden units in a way that preserves the function computed by the network.



### Local Minima

• By definition, if a function  $\mathcal{J}$  is convex, then for any set of points  $\theta_1, \ldots, \theta_N$  in its domain,

$$\mathcal{J}(\lambda_1\boldsymbol{\theta}_1+\cdots+\lambda_N\boldsymbol{\theta}_N) \leq \lambda_1\mathcal{J}(\boldsymbol{\theta}_1)+\cdots+\lambda_N\mathcal{J}(\boldsymbol{\theta}_N) \quad \text{for } \lambda_i \geq 0, \sum_i \lambda_i = 1.$$

- Because of permutation symmetry, there are *K*! permutations of the hidden units in a given layer which all compute the same function.
- Suppose we average the parameters for all *K*! permutations. Then we get a degenerate network where all the hidden units are identical.
- If the cost function were convex, this solution would have to be better than the original one, which is ridiculous!
- Hence, training multilayer neural nets is non-convex.

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- Generally, local minima aren't something we worry much about when we train most neural nets.
  - They're normally only a problem if there are local minima "in function space". E.g., CycleGANs (covered later in this course) have a bad local minimum where they learn the wrong color mapping between domains.

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- It's possible to construct arbitrarily bad local minima even for ordinary classification MLPs. It's poorly understood why these don't arise in practice.

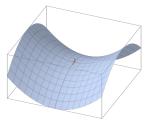
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- It's possible to construct arbitrarily bad local minima even for ordinary classification MLPs. It's poorly understood why these don't arise in practice.
- Intuition pump: if you have enough randomly sampled hidden units, you can approximate any function just by adjusting the output layer.
  - Then it's essentially a regression problem, which is convex.
  - Hence, local optima can probably be fixed by adding more hidden units.
  - Note: this argument hasn't been made rigorous.

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  - Then it's essentially a regression problem, which is convex.
  - Hence, local optima can probably be fixed by adding more hidden units.
  - Note: this argument hasn't been made rigorous.
- Over the past 5 years or so, CS theorists have made lots of progress proving gradient descent converges to global minima for some non-convex problems, including some specific neural net architectures.

# Saddle points



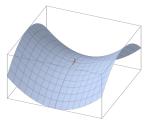
A saddle point is a point where:

- $\nabla \mathcal{J}(\boldsymbol{\theta}) = \mathbf{0}$
- H(θ) has some positive and some negative eigenvalues, i.e. some directions with positive curvature and some with negative curvature.

When would saddle points be a problem?

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# Saddle points



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- H(θ) has some positive and some negative eigenvalues, i.e. some directions with positive curvature and some with negative curvature.

When would saddle points be a problem?

- If we're exactly on the saddle point, then we're stuck.
- If we're slightly to the side, then we can get unstuck.

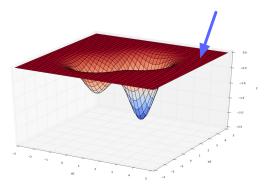
# Saddle points

- Suppose you have two hidden units with identical incoming and outgoing weights.
- After a gradient descent update, they will still have identical weights. By induction, they'll always remain identical.
- But if you perturbed them slightly, they can start to move apart.
- Important special case: don't initialize all your weights to zero!
  - Instead, break the symmetry by using small random values.

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#### Plateaux

A flat region is called a plateau. (Plural: plateaux)

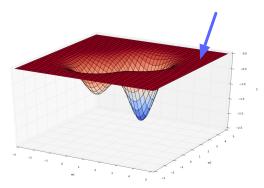


Can you think of examples?

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### Plateaux

A flat region is called a plateau. (Plural: plateaux)



Can you think of examples?

- 0–1 loss
- hard threshold activations
- logistic activations & least squares

#### Plateaux

• An important example of a plateau is a saturated unit. This is when it is in the flat region of its activation function. Recall the backprop equation for the weight derivative:

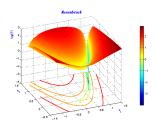


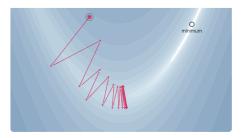
- If  $\phi'(z_i)$  is always close to zero, then the weights will get stuck.
- If there is a ReLU unit whose input  $z_i$  is always negative, the weight derivatives will be *exactly* 0. We call this a dead unit.

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# Ill-conditioned curvature

#### Long, narrow ravines:





- Suppose H has some large positive eigenvalues (i.e. high-curvature directions) and some eigenvalues close to 0 (i.e. low-curvature directions).
- Gradient descent bounces back and forth in high curvature directions and makes slow progress in low curvature directions.
  - To interpret this visually: the gradient is perpendicular to the contours.
- This is known as ill-conditioned curvature. It's very common in neural net training.

To understand why ill-conditioned curvature is a problem, consider a convex quadratic objective

$$\mathcal{J}(\boldsymbol{ heta}) = rac{1}{2} \boldsymbol{ heta}^{ op} \mathbf{A} \boldsymbol{ heta},$$

where **A** is PSD.

• Gradient descent update:

$$egin{aligned} oldsymbol{ heta}_{k+1} &\leftarrow oldsymbol{ heta}_k - lpha 
abla \mathcal{J}(oldsymbol{ heta}_k) \ &= oldsymbol{ heta}_k - lpha oldsymbol{ heta}_k \ &= (\mathbf{I} - lpha oldsymbol{ heta}) oldsymbol{ heta}_k \end{aligned}$$

Solving the recurrence,

$$\boldsymbol{\theta}_k = (\mathbf{I} - \alpha \mathbf{A})^k \boldsymbol{\theta}_0$$

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- We can analyze matrix powers such as (I αA)<sup>k</sup>θ<sub>0</sub> using the spectral decomposition.
- Let  $\mathbf{A} = \mathbf{Q} \mathbf{\Lambda} \mathbf{Q}^{\top}$  be the spectral decomposition of  $\mathbf{A}$ .

$$(\mathbf{I} - \alpha \mathbf{A})^k \boldsymbol{\theta}_0 = (\mathbf{I} - \alpha \mathbf{Q} \mathbf{\Lambda} \mathbf{Q}^\top)^k \boldsymbol{\theta}_0$$
  
=  $[\mathbf{Q} (\mathbf{I} - \alpha \mathbf{\Lambda}) \mathbf{Q}^\top]^k \boldsymbol{\theta}_0$   
=  $\mathbf{Q} (\mathbf{I} - \alpha \mathbf{\Lambda})^k \mathbf{Q}^\top \boldsymbol{\theta}_0$ 

- Hence, in the **Q** basis, each coordinate gets multiplied by  $(1 \alpha \lambda_i)^k$ , where the  $\lambda_i$  are the eigenvalues of **A**.
- Cases:
  - $0 < \alpha \lambda_i \leq 1$ : decays to 0 at a rate that depends on  $\alpha \lambda_i$
  - $1 < \alpha \lambda_i \leq 2$ : oscillates
  - $\alpha \lambda_i > 2$ : unstable (diverges)

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#### Just showed

- $0 < \alpha \lambda_i \leq 1$ : decays to 0 at a rate that depends on  $\alpha \lambda_i$
- $1 < \alpha \lambda_i \leq 2$ : oscillates
- $\alpha \lambda_i > 2$ : unstable (diverges)
- Hence, we need to set the learning rate  $\alpha < 2/\lambda_{\rm max}$  to prevent instability, where  $\lambda_{\rm max}$  is the largest eigenvalue, i.e. maximum curvature.
- This bounds the rate of progress in another direction:

$$\alpha\lambda_i < \frac{2\lambda_i}{\lambda_{\max}}.$$

• The quantity  $\lambda_{\rm max}/\lambda_{\rm min}$  is known as the condition number of **A**. Larger condition numbers imply slower convergence of gradient descent.

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• The analysis we just did was for a quadratic toy problem

$$\mathcal{J}(\boldsymbol{ heta}) = rac{1}{2} \boldsymbol{ heta}^{ op} \mathbf{A} \boldsymbol{ heta}.$$

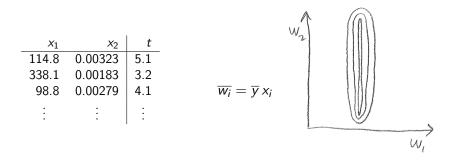
• It can be easily generalized to a quadratic not centered at zero, since the gradient descent dynamics are invariant to translation.

$$\mathcal{J}(\boldsymbol{\theta}) = \frac{1}{2} \boldsymbol{\theta}^{\top} \mathbf{A} \boldsymbol{\theta} + \mathbf{b}^{\top} \boldsymbol{\theta} + c$$

- Since a smooth cost function is well approximated by a convex quadratic (i.e. second-order Taylor approximation) in the vicinity of a (local) optimum, this analysis is a good description of the behavior of gradient descent near a (local) optimum.
- If the Hessian is ill-conditioned, then gradient descent makes slow progress towards the optimum.

## Ill-conditioned curvature: normalization

• Suppose we have the following dataset for linear regression.

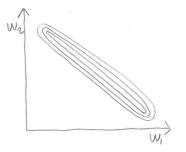


- Which weight,  $w_1$  or  $w_2$ , will receive a larger gradient descent update?
- Which one do you want to receive a larger update?
- Note: the figure vastly understates the narrowness of the ravine!

### Ill-conditioned curvature: normalization

• Or consider the following dataset:

<i>x</i> <sub>1</sub>	<i>x</i> <sub>2</sub>	t
1003.2	1005.1	3.3
1001.1	1008.2	4.8
998.3	1003.4	2.9
:	:	:
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### Ill-conditioned curvature: normalization

• To avoid these problems, it's a good idea to center your inputs to zero mean and unit variance, especially when they're in arbitrary units (feet, seconds, etc.).

$$\tilde{x}_j = \frac{x_j - \mu_j}{\sigma_j}$$

- Hidden units may have non-centered activations, and this is harder to deal with.
  - One trick: replace logistic units (which range from 0 to 1) with tanh units (which range from -1 to 1)
  - A recent method called batch normalization explicitly centers each hidden activation. It often speeds up training by 1.5-2x, and it's available in all the major neural net frameworks.

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### Momentum

- Unfortunately, even with these normalization tricks, ill-conditioned curvature is a fact of life. We need algorithms that are able to deal with it.
- Momentum is a simple and highly effective method. Imagine a hockey puck on a frictionless surface (representing the cost function). It will accumulate momentum in the downhill direction:

$$egin{aligned} \mathbf{p} \leftarrow \mu \mathbf{p} - lpha rac{\partial \mathcal{J}}{\partial m{ heta}} \ m{ heta} & m{ heta} &$$

- $\alpha$  is the learning rate, just like in gradient descent.
- $\mu$  is a damping parameter. It should be slightly less than 1 (e.g. 0.9 or 0.99). Why not exactly 1?

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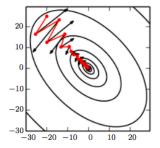
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- $\alpha$  is the learning rate, just like in gradient descent.
- $\mu$  is a damping parameter. It should be slightly less than 1 (e.g. 0.9 or 0.99). Why not exactly 1?
  - If  $\mu = 1$ , conservation of energy implies it will never settle down.

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### Momentum

- In the high curvature directions, the gradients cancel each other out, so momentum dampens the oscillations.
- In the low curvature directions, the gradients point in the same direction, allowing the parameters to pick up speed.



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• If the gradient is constant (i.e. the cost surface is a plane), the parameters will reach a terminal velocity of

$$-rac{lpha}{1-\mu}\cdotrac{\partial \mathcal{J}}{\partial oldsymbol{ heta}}$$

This suggests if you increase  $\mu$ , you should lower  $\alpha$  to compensate.

• Momentum sometimes helps a lot, and almost never hurts.

### Ravines

- Even with momentum and normalization tricks, narrow ravines are still one of the biggest obstacles in optimizing neural networks.
- Empirically, the curvature can be many orders of magnitude larger in some directions than others!
- An area of research known as second-order optimization develops algorithms which explicitly use curvature information (second derivatives), but these are complicated and difficult to scale to large neural nets and large datasets.
- There is an optimization procedure called Adam which uses just a little bit of curvature information and often works much better than gradient descent. It's available in all the major neural net frameworks.

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## **RMSprop and Adam**

- Recall: SGD takes large steps in directions of high curvature and small steps in directions of low curvature.
- **RMSprop** is a variant of SGD which rescales each coordinate of the gradient to have norm 1 on average. It does this by keeping an exponential moving average *s<sub>i</sub>* of the squared gradients.
- The following update is applied to each coordinate *j* independently:

$$s_j \leftarrow (1 - \gamma)s_j + \gamma [\frac{\partial \mathcal{J}}{\partial \theta_j}]^2$$
  
 $heta_j \leftarrow heta_j - \frac{lpha}{\sqrt{s_j + \epsilon}} \frac{\partial \mathcal{J}}{\partial \theta_j}$ 

- If the eigenvectors of the Hessian are axis-aligned (dubious assumption), then RMSprop can correct for the curvature. In practice, it typically works slightly better than SGD.
- Adam = RMSprop + momentum
- Both optimizers are included in TensorFlow, Pytorch, etc.

## After the break

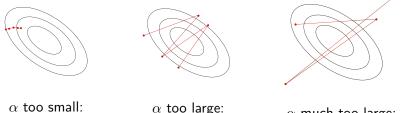
#### After the break: how to debug learning/optimization

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## Learning Rate

• The learning rate  $\alpha$  is a hyperparameter we need to tune. Here are the things that can go wrong in batch mode:



slow progress

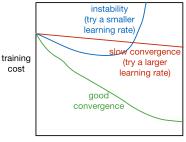
 $\alpha$  too large: oscillations

 $\begin{array}{c} \alpha \ {\rm much \ too \ large:} \\ {\rm instability} \end{array}$ 

 Good values are typically between 0.001 and 0.1. You should do a grid search if you want good performance (i.e. try 0.1, 0.03, 0.01, ...).

# **Training Curves**

- To diagnose optimization problems, it's useful to look at training curves: plot the training cost as a function of iteration.
- **Gotcha:** use a fixed subset of the training data to monitor the training error. Evaluating on a different batch (e.g. the current one) in each iteration adds a *lot* of noise to the curve!
- **Gotcha:** it's very hard to tell from the training curves whether an optimizer has converged. They can reveal major problems, but they can't guarantee convergence.



iteration #

 $\bullet$  So far, the cost function  ${\cal J}$  has been the average loss over the training examples:

$$\mathcal{J}(\boldsymbol{\theta}) = \frac{1}{N} \sum_{i=1}^{N} \mathcal{J}^{(i)}(\boldsymbol{\theta}) = \frac{1}{N} \sum_{i=1}^{N} \mathcal{L}(y(\mathbf{x}^{(i)}, \boldsymbol{\theta}), t^{(i)}).$$

By linearity,

$$abla \mathcal{J}(oldsymbol{ heta}) = rac{1}{N}\sum_{i=1}^N 
abla \mathcal{J}^{(i)}(oldsymbol{ heta}).$$

- Computing the gradient requires summing over *all* of the training examples. This is known as **batch training**.
- Batch training is impractical if you have a large dataset (e.g. millions of training examples)!

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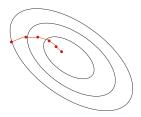
• Stochastic gradient descent (SGD): update the parameters based on the gradient for a single training example:

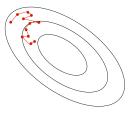
$$\boldsymbol{\theta} \leftarrow \boldsymbol{\theta} - \alpha \nabla \mathcal{J}^{(i)}(\boldsymbol{\theta})$$

- SGD can make significant progress before it has even looked at all the data!
- Mathematical justification: if you sample a training example at random, the stochastic gradient is an unbiased estimate of the batch gradient:

$$\mathbb{E}_i\left[\nabla \mathcal{J}^{(i)}(\boldsymbol{\theta})\right] = \frac{1}{N}\sum_{i=1}^N \nabla \mathcal{J}^{(i)}(\boldsymbol{\theta}) = \nabla \mathcal{J}(\boldsymbol{\theta}).$$

 Batch gradient descent moves directly downhill. SGD takes steps in a noisy direction, but moves downhill on average.





batch gradient descent

stochastic gradient descent

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- Problem: if we only look at one training example at a time, we can't exploit efficient vectorized operations.
- **Compromise approach:** compute the gradients on a medium-sized set of training examples, called a mini-batch.
- Each entire pass over the dataset is called an epoch.
- Stochastic gradients computed on larger mini-batches have smaller variance:

$$\operatorname{Var}\left[\frac{1}{S}\sum_{i=1}^{S}\frac{\partial \mathcal{L}^{(i)}}{\partial \theta_{j}}\right] = \frac{1}{S^{2}}\operatorname{Var}\left[\sum_{i=1}^{S}\frac{\partial \mathcal{L}^{(i)}}{\partial \theta_{j}}\right] = \frac{1}{S}\operatorname{Var}\left[\frac{\partial \mathcal{L}^{(i)}}{\partial \theta_{j}}\right]$$

• The mini-batch size *S* is a hyperparameter. Typical values are 10 or 100.

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- The mini-batch size S is a hyperparameter that needs to be set.
  - Large batches: converge in fewer weight updates because each stochastic gradient is less noisy.
  - **Small batches:** perform more weight updates per second because each one requires less computation.

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  - Large batches: converge in fewer weight updates because each stochastic gradient is less noisy.
  - **Small batches:** perform more weight updates per second because each one requires less computation.
- **Claim:** If the wall-clock time were proportional to the number of FLOPs, then S = 1 would be optimal.
  - 100 updates with S = 1 requires the same FLOP count as 1 update with S = 100.
  - Rewrite minibatch gradient descent as a for-loop:

S = 1 S = 100

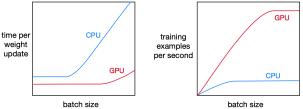
For k = 1, ..., 100: For k = 1, ..., 100:

$$\boldsymbol{\theta}_{k} \leftarrow \boldsymbol{\theta}_{k-1} - \alpha \nabla \mathcal{J}^{(k)}(\boldsymbol{\theta}_{k-1}) \qquad \qquad \boldsymbol{\theta}_{k} \leftarrow \boldsymbol{\theta}_{k-1} - \frac{\alpha}{100} \nabla \mathcal{J}^{(k)}(\boldsymbol{\theta}_{0})$$

• All else being equal, you'd prefer to compute the gradient at a fresher value of  $\theta$ . So S = 1 is better.

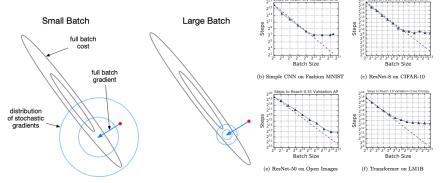
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- The reason we don't use S = 1 is that larger batches can take advantage of fast matrix operations and parallelism.
- **Small batches:** An update with *S* = 10 isn't much more expensive than an update with *S* = 1.
- Large batches: Once S is large enough to saturate the hardware efficiencies, the cost becomes linear in S.
- Cartoon figure, not drawn to scale:



• Since GPUs afford more parallelism, they saturate at a larger batch size. Hence, GPUs tend to favor larger batch sizes.

- The convergence benefits of larger batches also see diminishing returns.
- Small batches: large gradient noise, so large benefit from increased batch size
- Large batches: SGD approximates the batch gradient descent update, so no further benefit from variance reduction.

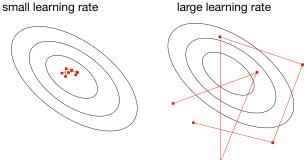


• **Right:** # iterations to reach target validation error as a function of batch size. (Shallue et al., 2018)

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# SGD Learning Rate

• In stochastic training, the learning rate also influences the fluctuations due to the stochasticity of the gradients.



- Typical strategy:
  - Use a large learning rate early in training so you can get close to the optimum
  - Gradually decay the learning rate to reduce the fluctuations

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• Warning: by reducing the learning rate, you reduce the fluctuations, which can appear to make the loss drop suddenly. But this can come at the expense of long-run performance.



# Recap

Problem	Diagnostics	Workarounds
incorrect gradients	finite differences	fix them, or use autodiff
local optima	(hard)	random restarts
symmetries	visualize <b>W</b>	initialize <b>W</b> randomly
slow progress	slow, linear training curve	increase $\alpha$ ; momentum
instability	cost increases	decrease $\alpha$
oscillations	fluctuations in training curve	decrease $\alpha$ ; momentum
fluctuations	fluctuations in training curve	decay $\alpha$ ; iterate averaging
dead/saturated units	activation histograms	initial scale of <b>W</b> ; ReLU
ill-conditioning	(hard)	normalization; momentum;
C C		Adam; second-order opt.

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